



# NOVEMBER 2009



**BCDS**  
**425-881-8899**  
**PRE-K**

Mrs. Feeney & Mrs. Freeman

## MONDAY

### HEADS UP!

Photo Day: Friday Nov. 6<sup>th</sup>.  
Siblings welcome.  
Field Trip Monday Nov. 9<sup>th</sup>.  
No school: Nov 11<sup>th</sup>  
No school: Nov 27<sup>th</sup>

## WEDNESDAY

### Northwest Harvest.

We will be collecting non-perishable food items to donate from Nov. 9<sup>th</sup>-Dec. 2<sup>nd</sup>. A box will be in the entry. Thank you!

## FRIDAY

Ideas for donations to Northwest Harvest.

Canned pork and beans	Canned chili
Canned lunch meat	Canned vegetables
Canned tuna	Powdered milk
Baby food(1 <sup>st</sup> and 2 <sup>nd</sup> )	Vegetable oil
Mac and cheese	Canned soup
Canned fruit	Dried pasta

2  
V

**WHEW!**

*What fun we had!*

4

*What should we be eating?  
Let's be fit and healthy*

6

seeds...grains...  
breads.



*Photo Day.  
Wear your best smiles!*

9  
H

Field Trip to  
Eastside Gym

Beginning Northwest Harvest donations at BCDS.

11

*Veteran's Day  
No  
School*

13

Exercise  
is important



16  
N

Who are  
Americans?

Are we?

18



Making Totem Poles

20

Local Native Americans

23  
T

There's a lot of  
TURKEYS  
out there....



25

OUR  
THANKSGIVING FEAST



*Please bring in 24 bite  
size foods to share!*

27

**NO SCHOOL TODAY**

